

GALVIN SNG



Galvin Sng is an experienced Senior Family Life Educator with TOUCH Parenting, TOUCH Community Services. Sought after as a parenting speaker and coach, Galvin has a flair for engaging participants both in-person and online through an earnest and down-to-earth approach. He has a knack for synthesizing complicated concepts into comprehensible bite-sized chunks and presenting them through well-thought-out and aesthetically appealing materials. Galvin's work reflects a firm belief in combining quality facilitation with well-designed presentations to bring about the best level of engagement for optimal learning.

As the primary content designer for TOUCH Parenting's extensive suite of workshops, Galvin has consolidated many evidence-based concepts and strategies to develop an "Inside-Out" parenting model that is easily understood. This model helps parents make sense of what it means to embody the "3P's" to execute the "3E's" in achieving the outcome of a well-adjusted and confident child. His past work experiences as a youth leader, teacher, mentor and counsellor have given him the ability to provide an oft-missing youth perspective in his sharing. This encourages his participants to consider issues from their children's vantage point. In addition, his personal experience as a parent has accorded him the credibility not of being a parenting expert, but that of a fellow sojourner in the trenches, empathizing with the stress and discouragements that come with the journey. On this, many of Galvin's participants noted they left his sessions feeling understood, encouraged to work towards positive changes with their children.

Galvin is well-versed across the spectrum of parenting topics but holds two close to his heart: the mental and cyber wellness of children and youths, as well as the developmental stages of adolescence. He feels that parents empowered with sufficient knowledge in these areas would be in better positions to transform their relationships with their children and their subsequent behaviours, and thus makes it a point to link his sharing back to these areas.

Galvin holds a MSocSci in Professional Counselling from the Swinburne University of Technology. He is also a certified practitioner for the Positive Parenting Programme (Triple P) and Signposts for Building Better Behaviour (Signposts). He and his wife Charmaine have been married since 2009 and are proud parents of two children.



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